

**PSYCHOLOGICAL WELL-BEING AND STRESS SENSITIVITY OF CLSU STUDENTS
INVOLVED IN FRATERNITY**

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degree of**

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ABSTRACT

ACDAL, EMMAN M., College of Arts and Sciences, Central Luzon State University, Science City of Munoz, Nueva Ecija, June 2018, **Psychological Well-Being and Stress Sensitivity of CLSU Student Involved in Fraternity**

Adviser: BESSIE MAY C. BELZA

Psychological well-being refers to positive mental health which develops through a combination of emotional regulation, personality characteristic, identity and life experience. Stress sensitivity defined as the decrease in the relative growth rate of a species relative to a decline in resources supply. Individuals who sensitive to stress possess characteristic as putative trait that develops through genetically mediated transactional relation between temperamental characteristic and environment. This study investigated the relationship of psychological well-being and stress sensitivity among 100 respondents from CLSU. ANOVA was used to determine the difference between level of psychological well-being and stress sensitivity and results shows no difference, Pearson r showed that age, sex, length of service of fraternity has no significant relationship between psychological well-being and stress sensitivity. According to research, there is a significant relationship between psychological well-being and stress sensitivity

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