

EXPERIENCES OF THE UNEMPLOYED COLLEGE GRADUATES

KATHLEENE ROSETTE SEBASTIAN PADUA

CZARINA MIGUEL RUEDA

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Science City of Muñoz, Nueva Ecija, Philippines.

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This undergraduate thesis entitled **EXPERIENCES OF THE UNEMPLOYED COLLEGE GRADUATES** prepared by **KATHLEENE ROSETTE SEBASTIAN PADUA** and **CZARINA MIGUEL RUEDA** in partial fulfilment of the requirements for the degree **BACHELOR OF ARTS IN PSYCHOLOGY** is hereby approved and accepted

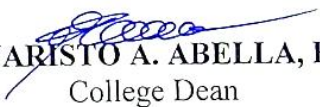

MARIA ROSARIO I. BULANAN
Adviser
1-22-19
Date


KAREN GRACE G. ALVAREZ
Critic
1-22-17
Date

Accepted in partial fulfilment of the requirement for the degree of **BACHELOR OF ARTS IN PSYCHOLOGY**


ANGELO R. DULLAS
Department Chairperson
1-22-19
Date


RICH MILTON R. DULAY
College Research Coordinator
1-22-19
Date


EVARISTO A. ABELLA, Ph.D
College Dean
1-22-17
Date

BIOGRAPHICAL SKETCH

PERSONAL INFORMATION

Name	Kathleene Rosette Sebastian Padua
Date of Birth	March 13, 1997
Place of Birth	Brgy. Niyugan, Jaen, Nueva Ecija
Home Address	Brgy. Niyugan, Jaen, Nueva Ecija
Religion	Roman Catholic
Father's Name	Glen C. Padua
Mother's Name	Juliana S. Padua

EDUCATIONAL BACKGROUND

Tertiary Level	Bachelor of Arts in Psychology Central Luzon State University Science City of Muñoz, Nueva Ecija
Secondary Level	Nueva Ecija University of Science and Technology Brgy. Poblacion, San Isidro, Nueva Ecija
Elementary Level	Jaen Central Elementary School Brgy. Apo Esquivel, Jaen, Nueva Ecija

EXTRACURRICULAR ACTIVITIES

Seminar/s

The Best is Better Workshop

July 11-12, 2018

The Forest Lodge, Camp John Hay Special Economic Zone, Loakan Road, Baguio City

Internship

Student Intern, Summer Class, AY: 2018-2019

Human Resource Department at Camp John Hay Leisure Incorporated – The Manor at
Camp John Hay Hotel

Camp John Hay Special Economic Zone, Loakan Road, Baguio City

BIOGRAPHICAL SKETCH

PERSONAL INFORMATION

Name	Czarina Miguel Rueda
Date of Birth	October 29, 1997
Place of Birth	Abar 2 nd , San Jose City, Nueva Ecija
Home Address	Abar 2 nd , San Jose City, Nueva Ecija
Religion	Roman Catholic
Father's Name	Caesar Rueda
Mother's Name	Belinda Rueda

EDUCATIONAL BACKGROUND

Tertiary Level	Bachelor of Arts in Psychology Central Luzon State University Science City of Muñoz, Nueva Ecija
Secondary Level	Bettbien High School San Jose City, Nueva Ecija
Elementary Level	St. Joseph Elementary School San Jose City, Nueva Ecija

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ABSTRACT

PADUA, KATHLEENE ROSETTE SEBASTIAN and **RUEDA, CZARINA**

MIGUEL, Bachelor of Arts in Psychology, Department of Psychology, College of Arts and Sciences, Central Luzon State University, Science City of Muñoz, Nueva Ecija, Philippines, December 2018, **EXPERIENCES OF THE UNEMPLOYED COLLEGE GRADUATES**

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The present study aimed to determine the reasons of unemployment of the college graduates. This aimed to understand the struggles of the unemployed graduates and the coping strategies that they used in order to survive.

According to the results of the study, there were causes as to why the college graduates were rejected and therefore unemployed. Lack of qualification is one. The age of the participants in this study happened to affect their rejections that led to their unemployment. One of the participants even experienced getting rejected due to the fact that even at the age of 27, he still got no experience for he entered college at the late age. The company chose applicants who are younger than he was. The experiences and reasons of being unemployed somehow also depends on the age of the college graduates. Their experiences varied depending on their age.

It was also found in the study that as graduates or a degree holder of a four year course, the participants were having a high salary expectation. The participants' preferred location for work also affects their unemployment also affects the reason why they were

unemployed. To add up to the reality of unemployment, there were really applicants who were being rejected due to the *palakasan system* which is very common in the Philippines.

As for the challenges that they were facing or faced, the study found that most of it were personal issues. Furthermore, the unemployed graduates tend to have financial problems. It is probably one of the most depressing thing that they could face. This keeps them from enjoying the things that they enjoy while they were a student. It was harder to ask for money from their parents now that they had graduated because instead of asking for money, they were supposed to be already helping with the finances.

According to the study, in order to survive from all the challenges that they were facing due to unemployment after graduation, they had to have at least one or two coping strategies. One of which was to keep communicating with the family or being transparent with them. Keeping from the family what one is going through would not do them any good. Staying positive even after all the rejections was a hard thing to do but once done, an individual will surely be able to survive most of the stress

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