

**EXPLORING THE LIFE STORIES OF GAY MEN IN BARANGAY BARLIS,
CABANATUAN CITY, NUEVA ECIIJA: A CASE STUDY .**

A Thesis Presented to the
Faculty of the Department of Social Sciences
Central Luzon State University

In Partial Fulfillment of the Requirements for the Degree
Bachelor of Arts in Social Sciences

By

JEDIDIAH S. BOLISAY

JUNE 2023

THESIS ABSTRACT

1. Title: EXPLORING THE LIFE STORIES OF GAY MEN IN BARANGAY BARLIS, CABANATUAN CITY, NUEVA ECIJA: A CASE STUDY.
 - 1.1 Total No. of Pages: 165
 - 1.2 Text No. of Pages: 22,014
2. Researchers: BOLISAY, JEDIDIAH, S.
3. Type of Document: Undergraduate Thesis
4. Type of Publication: Unpublished
5. Accrediting Institution: Central Luzon State University
Maharlika Highway, Science City of Muñoz
3120, Nueva Ecija
6. Keywords: Gay Men, Life Stories, Discrimination, Stereotypes
7. Abstract:

7.1 Rationale/Background

This study aims to know how gay men in Barlis was viewed in their community and by their family based on the gender identity they represent and unravel their untold struggles, how they cope with these dilemmas they have faced and for this study to be useful for future studies that have similar case that this study trying to investigate, to provide the information's for

people's awareness of this kind of issue towards gay men in such overlooked community like Barlis.

7.2 **Summary**

This study is qualitative that explores the life stories of gay men in Barlis, Cabanatuan City using an in-depth interview and thematic analysis in order to interpret their stories.

7.3 **Major Findings**

This study revealed that participants' feelings about their gender identity can be grouped into either negative or positive, with the majority of respondents still feeling negative. Second, it revealed the participants' experiences of discrimination against their identity, which included direct discrimination and harassment, as well as stereotyping. Third, this study discovered that the participants' mental state is affected by their experiences, as well as their coping mechanisms, which may be classified as adaptive or maladaptive, with the majority of them using maladaptive ways. Finally, this study revealed the participants' expectations and relationships with their families and community, they may still struggle to be accepted by both, but they were recognized gradually. Then they reflect on why,

although living in a contemporary society, they still face biases based on their identity.

7.4 Conclusions

Gay men in rural areas like Barlis that often overlooked with such issues of discrimination and stereotyping, as according to the findings of this study they have experiencing biases and prejudice towards their gender identity, thus, these experiences affect their mental state and their feelings towards their own selves. In this study it found that though they cope with the experiences they encountered, their coping mechanism may not be appropriate way to deal their experience, but this study also subjected that gay men in Barlis were much accepted by this present time that it was before and when it comes to family, acceptance have the exchange responsibility of being acknowledgeable before they get accepted.

7.5 Recommendations

These are the suggestions that this study would like to appeal.

1. Education and Local Programs for Gay Men.
2. Mental Health support in their communities.
3. Promoting more institutions

8. Translated Abstract (Filipino):

8.1 Rasyonale

TABLE OF CONTENTS

	PAGE
TITLE PAGE	i
APPROVAL SHEET	ii
THESIS ABSTRACT	iii
ACKNOWLEDGMENTS	ix
TABLE OF CONTENTS	x
LIST OF TABLES	xiii
LIST OF FIGURES	xiv
LIST OF ABBREVIATION	xv
 CHAPTERS	
1. INTRODUCTION	
Rationale of the Study	1
Literature Review	5
A. Foreign Studies	5
B. Local Studies	9

Theoretical Framework	15
Conceptual Framework	17
Statement of the Problem	17
Definition of Terms	18
2. MATERIALS AND METHODS	
Research Design	21
Sampling Method	22
Scope and Delimitations	23
Research Limitation.	24
Data Gathering Procedure	24
Data Analysis	24
Ethical Considerations	26
3. RESULTS AND DISCUSSION	
A. Discussions Per-case	28
B. Patterns of Participants: Similarities – Differences	29
C. Theme 1: Feelings of the Respondents: Positive-Negative	55
D. Theme 2: Experiences of Ga	58
E. Theme 3: Effects and Coping Mechanisms	61
F. Theme 4: Participants Relationship	72
G. Respondents Perspectives	82
H. Discussions	89

Summary of Findings	91
Conclusions	98
Recommendations	102
REFERENCES	103
APPENDICES	
A. Consent Letters	111
B. Guide Questionnaire	127
C. Transcripts	128
CURRICULUM VITAE	145

LIST OF TABLES

Table No. 1	The Socio-demographic of the participants.	27
-------------	--	----

LIST OF FIGURES

Figure No. 1	The Conceptual Framework of this study.	17
Figure No. 2	Feelings of the Respondents: Negative – Positive	59
Figure No. 3	Experiences of Gay	62
Figure No. 4	Effects and Coping Mechanisms	73
Figure No. 5	Participants Relationships	83

LIST OF ABBREVIATIONS

- LGBTQ+ - Lesbian, Gay, Bisexual, Transgender, Queer, and others.

REFERENCES

A. BOOK

Breslow, A. S., Esposito, J., Katz, J., Price, M., & Scheer, J. R. (2021). *Violence Against LGBTQ+ Persons: Violence Against Gay Men*. Switzerland: In Springer eBooks.

<https://doi.org/10.1007/978-3-030-52612-2>

Herek, G. M. (2009). Sexual Stigma and Sexual Prejudice in the United States: A Conceptual Framework. In *Nebraska Symposium on Motivation* (pp. 65–111). https://doi.org/10.1007/978-0-387-09556-1_4

B. JOURNAL ARTICLES

Aguilin-Dalisay, G., Mendoza, R., Mirafelix, E., & Bambico, F. R. (2000). Pagkalalake (Masculinity): Men in control? Filipino male views on love, sex & women. *ResearchGate*.

https://www.researchgate.net/publication/295402505_Pagkalalake_Masculinity_Men_in_control_Filipino_male_views_on_love_sex_women

Ayhan, C. H. B., Bilgin, H., Uluman, O. T., Sukut, Ö., Yilmaz, S., & Buzlu, S. (2019). A Systematic Review of the Discrimination Against Sexual and

Gender Minority in Health Care Settings. *International Journal of Health Services*, 50(1), 44–61.

<https://doi.org/10.1177/0020731419885093>

Bandura, A. (1977). *Social Learning Theory*. New York General Learning Press. -
References - Scientific Research Publishing. (n.d.).

<https://www.scirp.org/reference/referencespapers.aspx?referenceid=2384604>

Bandura, A. (1986). *Social foundations of thought and action: A social cognitive theory*. Englewood Cliffs, NJ: Prentice Hall.

<https://psycnet.apa.org/record/1985-98423-000>

Billedo, C. J. F., Gastardo-Conaco, M. C. C., & Jimenez, C. C. (2003). Filipino Adolescents in Changing Times. *ResearchGate*.

https://www.researchgate.net/publication/341426276_Filipino_Adolescents_in_Changing_Times

Carandang, M. . (1987). *Filipino children under stress: Family dynamics and therapy*. Quezon City: Ateneo de Manila University Press. Internet Archive.

<https://archive.org/details/filipinochildren0000cara>

Caulfield, J. (2022). How to Do Thematic Analysis | Guide & Examples. *Scribbr*.

<https://www.scribbr.co.uk/research-methods/thematic-analysis-explained/>

Cabrera, R. (2017). *Gender Role Strain and the Psychological Health of Filipino Gay Men*. The International Academic Forum (IAFOR).
<https://iafor.org/journal/iafor-journal-of-psychology-and-the-behavioral-sciences/volume-3-issue-2/article-4/>

Cornelio, J., & Dagle, R. (2022). Contesting Unfreedom: To be Queer and Christian in the Philippines. *The Review of Faith & International Affairs* Volume 20, Issue 2, 20(2), 27–39.
<https://doi.org/10.1080/15570274.2022.2065804>

Drydakis, N. (2021). Sexual orientation discrimination in the labor market against gay men. *Review of Economics of the Household*, 20(3), 1027–1058.
<https://doi.org/10.1007/s11150-021-09581-8>

Fingerhut, A. W., & Peplau, L. (2006). The Impact of Social Roles on Stereotypes of Gay Men. *Sex Roles* 55, 273–278.

https://peplau.psych.ucla.edu/wp-content/uploads/sites/141/2017/07/Fingerhut_Peplau_2006.pdf

Fiske, S. T. (1998). Stereotyping, prejudice, and discrimination. *ResearchGate*.
https://www.researchgate.net/publication/232584255_Stereotyping_prejudice_and_discrimination

Hegarty, P., & Pratto, F. (2001). The effects of social category norms and stereotypes on explanations for intergroup differences. *Journal of Personality and Social Psychology*, 723-735.

https://www.researchgate.net/publication/11963177_The_effects_of_social_category_norms_on_explanations_for_intergroup_differences

Herek, G. M. (2000). Sexual prejudice and gender: Do heterosexuals' attitudes toward lesbians and gay men differ? *Journal of Social Issues*, 56(2), 251-266.

<https://doi.org/10.1111/0022-4537.00164>

Jocson, E. (2020). *A Comparative Analysis of the Status of Homosexual Men in Indonesia and the Philippines*.

[https://www.semanticscholar.org/paper/A-Comparative-Analysis-of-the-Status-of-Homosexual-Jocson-](https://www.semanticscholar.org/paper/A-Comparative-Analysis-of-the-Status-of-Homosexual-Jocson-Adihartono/fa0fb6b00a4ee5b4f3081be09a605a38966d9c64)

[Adihartono/fa0fb6b00a4ee5b4f3081be09a605a38966d9c64](https://www.semanticscholar.org/paper/A-Comparative-Analysis-of-the-Status-of-Homosexual-Jocson-Adihartono/fa0fb6b00a4ee5b4f3081be09a605a38966d9c64)

Kowalski, B. M., & Scheitle, C. P. (2020). Sexual Identity and Attitudes About Gender Roles. *Sexuality and Culture*, 24(3), 671-691.

<https://doi.org/10.1007/s12119-019-09655-x>

Kuther, T. L. . (2018). Lifespan development: Lives in context.

[doi:10.1007/s12119-019-09655-x](https://doi.org/10.1007/s12119-019-09655-x)

Levine, M. P. (1979). Employment Discrimination against Gay Men.

International Review of Modern Sociology, 153-161.

<https://www.jstor.org/stable/41420698>

Mashabane, B., & Henderson, N. C. (2020). Ulwaluko: 'Rights' of Passage of Gay Men in South Africa. *Journal of Gblt Family Studies*, 16(2), 163–175.

<https://doi.org/10.1080/1550428x.2020.1739487>

McCutcheon, L., & Reyes, M. S. (2021). Sexual Prejudice: Filipinos' Attitudes

toward Lesbians and Gay Men. *North American Journal of Psychology*, 617-638.

https://www.researchgate.net/publication/336069715_Religiosity_Gender_Role_Beliefs_and_Attitudes_Toward_Lesbians_and_Gays_in_the_Philippines

Moore, M. R. (2006). Lipstick or Timberlands? Meanings of Gender Presentation in Black Lesbian Communities. *Signs*, 32(1), 113–139.

<https://doi.org/10.1086/505269>

Mostajo , S. T., & Rasing, E. V. (2005). Homophobic experiences of male homosexuals: Basis for counseling interventions. *Paper presented at the*

*14th Regional Conference of the Psychological Association of the
Philippine.*

[https://www.scribd.com/document/483121030/Attitude-of-Grade-11-
Students-towards-LGBT-Teachers](https://www.scribd.com/document/483121030/Attitude-of-Grade-11-Students-towards-LGBT-Teachers)

Oliver, M., & Hyde, J. (1993). *Psychological Bulletin* 114, 29-51.

<https://psycnet.apa.org/record/1993-41182-001>

Rances, O. T., Regina, M., & Hechanova, G. (2014). Negative Self-Identity,
Autonomy Support, and Disclosure Among Young Filipino Gay Men.
ResearchGate.

[https://www.researchgate.net/publication/264237240_Negative_Self-
Identity_Autonomy_Support_and_Disclosure_Among_Young_Filipino_Gay
_Men](https://www.researchgate.net/publication/264237240_Negative_Self-Identity_Autonomy_Support_and_Disclosure_Among_Young_Filipino_Gay_Men)