

**INFLUENCE OF ACOUSTIC WAVES ON THE SHELF LIFE QUALITY
OF BELL PEPPER (*Capsicum annuum* L.)**

CRIS LENIEL B. CRUZ


An undergraduate thesis presented to the faculty of the Department of Agricultural and Biosystems Engineering, College of Engineering, Central Luzon State University, Science City of Munoz, Nueva Ecija, Philippines
in partial fulfillment of the requirements
for the Degree of

**BACHELOR OF SCIENCE IN AGRICULTURAL AND BIOSYSTEMS
ENGINEERING
(Agricultural and Bio-Process Engineering)**

JUNE 2019

ACCEPTANCE SHEET

This undergraduate thesis entitled “**INFLUENCE OF ACOUSTIC WAVES ON THE SHELF LIFE QUALITY OF BELL PEPPER (*Capsicum annuum* L.)**”, prepared and submitted by **CRIS LENIEL B. CRUZ**, in partial fulfillment of the requirements for the degree of **BACHELOR OF SCIENCE IN AGRICULTURAL AND BIOSYSTEMS ENGINEERING (AGRICULTURAL AND BIO-PROCESS ENGINEERING)**, is hereby accepted:



MELBA D. DENSON, M.Sc.
Member, Advisory Committee

Date Signed


CAROLYN GRACE C. SOMERA, M.Sc.
Member, Advisory Committee

6/13/19

Date Signed


JEFFREY A. LAVARIAS, Ph.D.
Chairperson, Advisory Committee

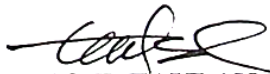
Date Signed

Accepted as partial fulfillment of the requirements for the degree of **BACHELOR OF SCIENCE IN AGRICULTURAL AND BIOSYSTEMS ENGINEERING (AGRICULTURAL AND BIO-PROCESS ENGINEERING)**:


MARVIN M. CINENSE, Ph.D.
Chairperson, Department of Agricultural and Biosystems Engineering

6/14/19

Date Signed


VICTORINO T. TAYLAN, Ph.D.
Dean, College of Engineering

Date Signed

BIOGRAPHICAL SKETCH

Cris Leniel Baldovino Cruz was born on August 30, 1998 at San Jose City, Nueva Ecija. He is the youngest child of Mr. Crisologo Cruz and Mrs. Segundalina Cruz along with his sister, Charlene Cruz. He is currently living in Brgy. Camanacsacan , San Jose City, Nueva Ecija.

He finished his primary education at San Jose West Central School, San Jose City, Nueva Ecija receiving an honorable mention award, afterwards he taken up his secondary education at Constancio Padilla National High School, San Jose City and graduated at year 2014.

He pursued his tertiary education at Central Luzon State University and as a son of a farmer, he decided to took Bachelor of Science in Agricultural and Biosystems Engineering. He is a DOST-SEI scholar and a pioneering member of CLSU ADS (Association of DOST Scholars). He also attended Summer Practical Training Program sponsored by DOST from June- July 2018 at East West Seed Co., San Ildefonso, Bulacan.

ACKNOWLEDGEMENT

The author wishes to extend his greatest gratitude to the people who had made this study possible by sincerely sharing their time, effort and ideas and by giving inspiration, guidance and motivation. Without them, it will a lot harder to finish this study. With this, he would like to acknowledge the following individuals who helped to accomplish this study:

to Dr. Jeffrey A. Lavarias, his adviser, for his guidance, encouragement, considerations and knowledge shared;

to Engr. Melba D. Denson and Engr. Carolyn Grace G. Somera, members of advisory committee, for giving criticisms and suggestions for the improvement of the study;

to Dr. Victorino T. Taylan, Dean of College of Engineering and to the Department of Agricultural and Biosystems Engineering, headed by Dr. Marvin M. Cinense for their support;

to PHTRC staff, Mr. Ryan Anthony Lualhati and Ms. Kristelle Marie Ybañez for lending and supervising in using the instruments needed for the completion of the study;

to his cousin, Ate Melody and Kuya Albert Remolacio for their support and their guidance in gathering of crops in Benguet;

to Echo and Shaina for their support and guidance while conducting the study in Los Baños;

to Mrs. Liza and Mr, Abelardo Bernardo and Mrs. Princess and Mr. Jose Vergara for their accommodation and unending support throughout the study,

to Ate Shena and Ate Dianne who share their ideas and suggestions and for lending a hand everytime he needed it;

to his boarding house friends, Nato, Chok, Uly, Albert, Klark, Arvin, Colleen, Joy, Renz, Cedric, Jairies, Nikko, Kristine and Lester for their support and concern;

to his co-thesis friends, Paulo Gabriel and Patricia Jane, that he had been with throughout the study, sharing ideas and backing up each other everytime;

to his sister Charlene and Rommel for their assistance and for the encouragement they gave while conducting the study;

to his parents, Mr. Crisologo Cruz and Mrs. Segundalina Cruz, for their unconditional love, guidance, sacrifices and for the support morally, emotionally and financially.

to God, for the love and for giving him this life to experience great things in life; and,

to all he failed to mention that helped him in this study, he is giving them his sincerest gratitude and appreciation, this study is dedicated to all of them.

TABLE OF CONTENTS

	PAGE
LIST OF TABLES	ix
LIST OF FIGURES	x
LIST OF APPENDIX TABLES	xi
LIST OF APPENDIX FIGURES	xii
ABSTRACT	xiii
INTRODUCTION	1
Background of the Study	1
Statement of the Problem	2
Objectives of the Study	3
Significance of the Study	3
Scope and Limitation of the Study	4
Time and Place of the Study	4
REVIEW OF RELATED LITERATURE	5
Bell Pepper	5
Benefits and Uses of Bell Pepper	5
Morpho-anatomical Structure of Bell Pepper	6
Bell Pepper Economy	8
Post-harvest Handling of Bell Pepper	9
Recommendations for Maintaining Postharvest Quality	11
Maturity Indices	11
Quality Indices	11
Marketable Quality	12
Optimum Temperature and Relative Humidity	12
Rates of Respiration	13
Rates of Ethylene Production and Responses to Ethylene	13
Physiological Disorders	14
Pathological Disorders	14

Storage	15
Factors Affecting Crop Storage	16
Acoustic Waves	16
Characteristics of Acoustic Waves	17
Measuring Sounds	18
Human Frequency Range	18
Application of Sound in Agriculture	18
Use of Sound Waves in Stimulating Plant Growth	18
Sound Waves in Plants	19
Sound Waves on Crop Storage	20
Parameters	21
Surface Color	21
Flesh Firmness	22
Shelf-life Extension	23
METHODOLOGY	25
Conceptualization of the Study	25
Instrumentation	27
Preparation of the Set-up	27
Collection of Bell Pepper	29
Determination of Physical Property of Bell Pepper	29
Surface Color	29
Determination of Mechanical Property of Bell Pepper	30
Flesh Firmness	30
Determination of Shelf life	30
Experimental Design and Statistical Analysis	31

RESULTS AND DISCUSSION	33
Physical Property of Bell Pepper	33
Surface Color	33
Mechanical Property of Bell Pepper	35
Flesh Firmness	35
Shelf life of Bell Pepper	37
SUMMARY CONCLUSION AND RECOMMENDATIONS	39
Summary	39
Conclusion	40
Recommendations	41
LITERATURE CITED	42
APPENDICES	47

LIST OF TABLES

TABLE		PAGE
1	Bell pepper: supply utilization accounts	9
2	Bell pepper respiration rates	13
3	Instruments used in the study	27
4	Change in color (ΔE) of bell pepper at day 21	33
5	Flesh firmness (N) of bell pepper at day 21	35
6	Shelf life (days) of bell pepper as affected by different exposure time to acoustic waves	37

LIST OF FIGURES

FIGURE		PAGE
1	Anatomical structure of bell pepper	7
2	Color meter	22
3	Penetrometer	23
4	Conceptual framework of the study	26
5	Sound-proof chamber	28
6	Bell pepper shelf life scale	31
7	Statistical layout of the study	32
8	Color development chart of bell pepper samples	34
9	Flesh firmness of bell pepper	36

LIST OF APPENDIX TABLES

APPENDIX TABLE		PAGE
1	Daily storage temperature reading	48
2	Raw data for the surface color measurement at Treatment 1	48
3	Raw data for the surface color measurement at Treatment 2	49
4	Raw data for the surface color measurement at Treatment 3	49
5	Raw data for the surface color measurement at Treatment 4	49
6	Change in surface color of bell pepper at day 21	50
7	Analysis of Variance (ANOVA) on the surface color measurements	50
8	Raw data for the firmness of bell pepper at Treatment 1	50
9	Raw data for the firmness of bell pepper at Treatment 2	51
10	Raw data for the firmness of bell pepper at Treatment 3	51
11	Raw data for the firmness of bell pepper at Treatment 4	51
12	Flesh firmness (N) of bell pepper at day 21	52
13	Analysis of Variance (ANOVA) on the flesh firmness	52
14	Comparison among means on the flesh firmness measurements	52
15	Shelf-life of bell pepper as influenced by acoustic waves, days	53
16	Analysis of Variance (ANOVA) on the shelf-life of bell pepper as influenced by acoustic waves, days	53
17	Comparison among means on the shelf life of bell pepper as influenced by acoustic waves, days	53

LIST OF APPENDIX FIGURES

APPENDIX FIGURE		PAGE
1	Gathering of bell pepper samples	54
2	Application of acoustic waves	54
3	Storage of bell pepper	55
4	Gathering of data for surface color	55
5	Surface color measurement on the bell pepper	56
6	Data gathering for firmness	56
7	Bell pepper samples at 21 days	57
8	Bell pepper samples at 24 days	58
9	Bell pepper samples at 28 days	59
10	Bell pepper samples at 35 days	59

ABSTRACT

CRUZ, CRIS LENIEL B. Department of Agricultural and Biosystems Engineering, College of Engineering, Central Luzon State University, Science City of Muñoz, Nueva Ecija, Philippines. **June 2019. INFLUENCE OF ACOUSTIC WAVES ON THE SHELF LIFE QUALITY OF BELL PEPPER (*Capsicum annuum* L.)**

Adviser: JEFFREY A. LAVARIAS, Ph.D.

Maintaining the shelf life and marketable quality of freshly produced bell pepper remains to be a big challenge. In order to prolong or maintain the marketable quality of this highly perishable crop, application of acoustic waves was proposed. The objective of the study was to evaluate the effect of acoustic wave on the surface color, flesh firmness and shelf life extension of bell pepper.

Bell peppers were exposed to 1KHz, 100 dB acoustic waves in 4, 6 and 8 hours in a sound-proof chamber prior to storage at 5°C. Zero exposure time was assigned as the control treatment in order to determine the influence of application of acoustic waves. The experimental set-up followed Completely Randomized Design (CRD) and the data gathered were statistically analyzed using one way analysis of variance test.

Results showed that bell pepper exposed to acoustic waves had a significant effect on its shelf life quality. Bell pepper treated with acoustic waves for 8 hours gave the best result for the change in surface color and flesh firmness with means equivalent to 3.88 and 3.36, respectively. The highest shelf life of bell pepper was also acquired in the 8 hours exposure to acoustic waves with 31 days. Analysis of variance shows significant effect on flesh firmness and shelf life but no significant effect on the change in surface color of bell pepper.

Based on the results of the study, the optimum exposure time to acoustic waves for the bell pepper was 8 hours which can maintain its marketable quality up to 31 days after storage.

Keywords: acoustic waves; hours of exposure; surface color; flesh firmness; shelf life

LITERATURE CITED

- AGARWAL, R. (n.d.). Storage: Meaning, Functions and Need for Storage. Retrieved November 11, 2018, from <http://www.yourarticlelibrary.com/business/storage-meaning-functions-and-need-for-storage/42128>.
- AGBLOR, S. & D. WATERER. (2001). Peppers - Post-Harvest Handling and Storage. Retrieved November 11, 2018, from http://www.agr.gc.ca/resources/prod/doc/pfra-arap/csidc-crdd/pdf/pepper-piment_eng.pdf.
- BAL, E. (2013). Effects of Exogenous Polyamine And Ultrasound Treatment to Improve Peach Storability. Namik Kemal University, Agricultural Faculty, 59030 Tekirdag, Turkey.
- BARRETT, D.M. , J.C. BEAULIEU , & R. SHEWFELT. (2010). Color, Flavor, Texture, and Nutritional Quality of Fresh-Cut Fruits and Vegetables: Desirable Levels, Instrumental and Sensory Measurement, and the Effects of Processing. Retrieved November 14, 2018, from <http://www.fruitandvegetable.ucdavis.edu/files/217117.pdf>.
- BAYOGAN, E.R. , R. SALVILLA , A.M. MAJOMOT & J. ACOSTA. (2017). Shelf life of Two Sweet Pepper (*Capsicum annum*). Retrieved November 26, 2018, from http://biozoo.journals.ro/swjhbe/v8n1/01_swjhbe_v8n1_Bayogan.pdf.
- BERHE, D.S. 2013. Effects of Harvesting Stage and Storage Duration on Quality and Shelf Life of Sweet Bell Pepper (*Capsicum annum*L.) Varieties under Passive Refrigeration System at Ziway, Ethiopia, Hawassa University, Ethiopia. Retrieved November 11, 2018 at https://www.academia.edu/9142665/Sweet_Bell_Pepper_Postharvest_Quality_Cues.
- BISWAS, T. , Z. GUAN , & F. WU. (n.d.). An Overview of the U.S. Bell Pepper Industry . Retrieved November 11, 2018, from <https://grec.ifas.ufl.edu/media/grecifasufledu/images/zhengfei/FE---Bell-Pepper.pdf>.
- CANTWELL, M. (1996). Bell Pepper: Recommendations for Maintaining Postharvest Quality. Retrieved November 11, 2018, from http://postharvest.ucdavis.edu/Commodity_Resources/Fact_Sheets/Datastores/Vegetables_English/?uid=5&ds=799.
- DEPARTMENT OF AGRICULTURE, FORESTRY AND FISHERIES. (2013). Sweet pepper. Retrieved November 10, 2018, from <https://www.nda.agric.za/docs/brochures/sweetpepper.pdf>.

- DOORNE, Y. V. (2000). The Effects of Sound on Living Organisms. Applications in Agriculture. Retrieved November 17, 2018, from <http://users.belgacom.net/gc681999/Onderwerpen/Info/Ecosonic.htm>.
- ENCYCLOPAEDIA BRITANNICA. (n.d.). Storage Goods. Retrieved November 11, 2018, from <https://www.britannica.com/technology/storage-goods>.
- FAO. (n.d.). Basic Harvest And Post-Harvest Handling Considerations For Fresh Fruits And Vegetables. Retrieved November 14, 2018, from <http://www.fao.org/docrep/005/y4358e/y4358e05.htm>.
- FERNIE, A. 2012. Climacteric And Non-Climacteric Fruits React Differently To The Plant Hormone Ethylene. Retrieved on June 1, 2019 at https://www.mpg.de/5934313/peppers_ethylene_maturity.
- FRIDVALSKY, L. and J. NAGY. 1966. The Differentiation, Microscopic And Submicroscopic Structure Of Giant Cell Wall In The Pericarp Of Capsicum Annum L. *Acta Agronomica Academiae Scientiarum Hungaricae* 15: 69-78.
- HAMEED, R., A. MALIK, A.S. KHAN, M. IMRAM, M. UMAR & R. RIAZ. 2013. Evaluating the Effect of Different Storage Conditions on Quality of Green Chillies (*Capsicum annum* L.) Postharvest Research and Training Centre Institute of Horticultural Sciences University of Agriculture Faisalabad, Pakistan.
- HASSANIEN, R., E. HASSANIEN , B. LI , Y. LI & T.Y. HOU. (2014). Advances in Effects of Sound Waves on Plants. Retrieved November 25, 2018, from https://www.researchgate.net/publication/260167970_Advances_in_Effects_of_Sound_Waves_on_Plants.
- HERBST, S. T. (2001). *The New Food Lover's Companion: Comprehensive Definitions of Nearly 6,000 Food, Drink, and Culinary Terms*. Barron's Cooking Guide. Hauppauge, NY: Barron's Educational Series.
- HERLIHY, K. (2014). Factors That Affect Food Storage: How to Keep Your Emergency Supply Safe for Consumption. Retrieved November 11, 2018, from <http://www.survivalbased.com/survival-blog/2506/factors-that-affect-food-storage-how-to-keep-your-emergency-supply-safe-for-consumption/>.
- KAISER, C. & M. ERNST. (2018). Bell Peppers. Retrieved November 11, 2018, from <http://www.uky.edu/ccd/sites/www.uky.edu.ccd/files/bellpeppers.pdf>.

- KIM, J. Y., J. LEE, T. KWON, S. LEE, J. A. KIM, G. M. LEE, S. PARK & M. JEONG-JEONG (2015). Sound waves delay tomato fruit ripening by negatively regulating ethylene biosynthesis and signaling genes. Retrieved November 25, 2018, from <https://www.sciencedirect.com/science/article/pii/S0925521415300636>.
- KRISHAN, S. (2013). 9 Incredible Health Benefits of Bell Peppers. Retrieved November 11, 2018, from <https://www.care2.com/greenliving/9-incredible-health-benefits-of-bell-peppers.html>.
- MARIANO, J. S. , & E. F. JIMENEZ. (n.d.). Bell Pepper. Retrieved November 11, 2018, from http://bpi.da.gov.ph/bpi/images/Production_guide/pdf/BELL%20PEPPER%20.pdf.
- MENDOZA, V. (2005). Characterization Of Surface Appearance And Color In Some Fruits And Vegetables By Image Analysis. Retrieved November 14, 2018, from http://www.lth.se/fileadmin/livsmedelsteknik/pers_hemsidor/collab/THESIS2005_FMendoza_UC-Chile.pdf.
- MINNICKS, M. (2018). Bell Peppers: Differences Between Green, Yellow, Orange, and Red. Retrieved november 10, 2018, from <https://delishably.com/vegetable-dishes/Whats-The-Difference-Red-Orange-Yellow-And-Green-Bell-Peppers>.
- MITCHAM, B. , M. CANTWELL & A. KADER. (1996). Methods for Determining Quality of Fresh Commodities. Retrieved November 14, 2018, from <http://ucce.ucdavis.edu/files/datastore/234-49.pdf>.
- MVUMI, C. (2013). Assessing the Effect of Adequate and Inadequate Inorganic Fertilizer Rates on the Yield Levels of Paprika in Mutasa Resettlement Area, Manicaland Province, Zimbabwe. Retrieved November 11, 2018, from <http://www.gjournals.org/gjas/gjas%20pdf/2013/march/mvumi%202.pdf>.
- NEW WORLD ENCYCLOPEDIA. (2008). Paprika. Retrieved November 11, 2018, from <http://www.newworldencyclopedia.org/entry/Paprika>.
- PANDEY, R. (2015). What are acoustic waves? Retrieved November 17, 2018, from <https://www.quora.com/What-are-acoustic-waves>.
- PATRICK, C. (2017). What are the different uses of refrigerators? Retrieved November 25, 2018, from <https://www.quora.com/What-are-the-different-uses-of-refrigerators>.

- PHILIPPINE NATIONAL STANDARD. (2009). Fresh vegetables-Sweet Pepper-Grading and Classifications (PNS/BAFPS 78:2009). ICS 65.020.20.
- PHILIPPINES STATISTIC AUTHORITY. (2018). Supply Utilization Accounts of Selected Agricultural Commodities. Retrieved November 25, 2018, from https://psa.gov.ph/sites/default/files/sua_12-14.pdf.
- PUJOL, R. (2018). Frequencies Perceived By Man and Some Mammals. Retrieved November 17, 2018, from [https:// http://www.cochlea.org/en/hear/human-auditory-range](https://http://www.cochlea.org/en/hear/human-auditory-range).
- SABA. (2017). 20 Amazing Benefits Of Capsicum/Bell Peppers (Shimla Mirch) For Skin, Hair And Health. Retrieved november 11, 2018, from <https://www.stylecraze.com/articles/amazing-benefits-of-bell-peppers-for-skinhair-and-health/#gref>.
- SAINI, G. K. (2018). Extending The Shelf Life Of Agricultural Products: Five Approaches For Success. Retrieved November 14, 2018, from <https://globalfoodsafetyresource.com/extending-the-shelf-life-of-agricultural-products-five-approaches-for-success/>.
- SEMCO Inc. (2014). Effective Post-harvest Cooling and Storage of Peppers. Retrieved November 11, 2018, from <https://semcoice.com/cooling/effective-post-harvest-cooling-peppers/>.
- SHIQIN, T. S. (n.d.). Investigating the Effects of Sound Energy on Piant Growth. Retrieved November 17, 2018, from http://musique-pour-soigner-les-plant.es.weebly.com/uploads/5/1/5/9/51596/tanshen-study_music_plants_mais_2009.pdf.
- SIYABULA. (n.d.). Characteristics Of A Sound Wave. Retrieved November 17, 2018, from <https://www.siyavula.com/read/science/grade-10/sound/10-sound-03>.
- SUZUKI, T. , H. FUJIWAKE and K. IWAI. 1980. Intracellular localization of capsaicin and its analogues in Capsicum fruit. 1. Microscopic investigation of the structure of the placenta of Capsicum annum var. annum cv. Karayatsubusa. Plant and Cell Physiology 21: 839-853.

- PHILIPPINE NATIONAL STANDARD. (2009). Fresh vegetables-Sweet Pepper-Grading and Classifications (PNS/BAFPS 78:2009). ICS 65.020.20.
- PHILIPPINES STATISTIC AUTHORITY. (2018). Supply Utilization Accounts of Selected Agricultural Commodities. Retrieved November 25, 2018, from https://psa.gov.ph/sites/default/files/sua_12-14.pdf.
- PUJOL, R. (2018). Frequencies Perceived By Man and Some Mammals. Retrieved November 17, 2018, from [https:// http://www.cochlea.org/en/hear/human-auditory-range](https://http://www.cochlea.org/en/hear/human-auditory-range).
- SABA. (2017). 20 Amazing Benefits Of Capsicum/Bell Peppers (Shimla Mirch) For Skin, Hair And Health. Retrieved november 11, 2018, from <https://www.stylecraze.com/articles/amazing-benefits-of-bell-peppers-for-skinhair-and-health/#gref>.
- SAINI, G. K. (2018). Extending The Shelf Life Of Agricultural Products: Five Approaches For Success. Retrieved November 14, 2018, from <https://globalfoodsafetyresource.com/extending-the-shelf-life-of-agricultural-products-five-approaches-for-success/>.
- SEMCO Inc. (2014). Effective Post-harvest Cooling and Storage of Peppers. Retrieved November 11, 2018, from <https://semcoice.com/cooling/effective-post-harvest-cooling-peppers/>.
- SHIQIN, T. S. (n.d.). Investigating the Effects of Sound Energy on Plant Growth. Retrieved November 17, 2018, from http://musique-pour-soigner-les-plantes.weebly.com/uploads/5/1/5/9/51596/tanshen-study_music_plants_mais_2009.pdf.
- SIYABŪLĀ. (n.d.). Characteristics Of A Sound Wave. Retrieved November 17, 2018, from <https://www.siyavula.com/read/science/grade-10/sound/10-sound-03>.
- SUZUKI, T. , H. FUJTWAKE and K. IWAI. 1980. Intracellular localization of capsaicin and its analogues in Capsicum fruit. 1. Microscopic investigation of the structure of the placenta of Capsicum annum var. annum cv. Karayatsubusa. Plant and Cell Physiology 21: 839-853.

- THORUP, T.A. , B. TANYOLAC , K.D. LIVINGSTONE , S. POPOVSKY , I. PARAN and M. JAHN. 2000. Candidate gene analysis of organ pigmentation loci in the Solanaceae. *Proceedings of the National Academy of Sciences (USA)* 97: 11192-11197.
- TUQUERO, J. & J. BAMBA. (2016). Bell Pepper (*Capsicum annuum*):A Potential Commercial Crop for Guam. Retrieved november 11, 2018, from http://cnas-re.uog.edu/wp-content/uploads/2016/09/Bell_Pepper_8_16_FINAL.pdf.
- UNIVERSAL CLASS INC. (2018). The Physics Behind Acoustic Waves. Retrieved November 17, 2018, from <https://www.universalclass.com/articles/science/physics/the-physics-behind-acoustic-waves.htm>.