

TAKUSA: Mga Karanasan ng mga Padre de Pamilyang Takot sa Asawa

Divina, Jenmuel M.

Sumalbag, Renz Jason D.

Di-gwadradong tesina na ipinasa sa kaguruan ng Departamento

Ng Sikolohiya, kolehiyo ng Sining at Agham,

Pampamahalaang Unibersidad ng Gitnang Luzon,

Lungsod Agham ng Munoz, Nueva Ecija,

bilang katuparang ng mga

pangangailangan para,

kursong

BATSILYER NG SINING SA SIKOLOHIYA

2018

Ang pag-aaral na may pamagat na **TAKUSA: Mga Karanasan ng mga Padre de Pamilyang Takot sa Asawa** ay inihanda at ipinasa nina **JENMUEL M. DIVINA** at **RENZ JASON D. SUMALBAG** bilang pagtupad sa mga pangangailangan para sa kursong **BATSILYER NG SINING SA SIKOLOHIYA** ay tinaggap at sinang-ayunan.

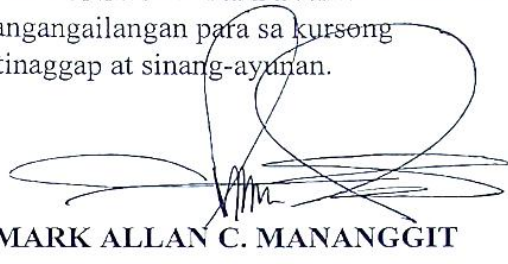

ROBINZON Z. LUMONTOD III

Tagapayo

Kaguruan ng Sikolohiya

1-10-19

Petsa


MARK ALLAN C. MANANGGIT

Tagasuri

Office of Students Affairs

1-10-19

Petsa

Tinatanggap at sinang-ayunan bilang pagtupad sa pangagailangan para sa kursong **BATSILYER NG SINING SA SIKOLOHIYA.**


ANGELO R. DULLAS

Tagapangulo

Departamento ng Sikolohiya

Petsa


RICH MILTON R. DULAY

Tagapamahala ng Pananalisisik

Kolehiyo ng Sining at Agham

Petsa


EVARISTO A. ABELLA, Ph D.

Dekano

Kolehiyo ng Sining at Agham

Petsa

ANG MAY MGA AKDA**PERSONAL NA DATOS**

Pangalan: JENMUEL M. DIVINA
Kapanganakan: August 22, 1995
Lugar ng Kapanganakan: Science City of Muñoz
Tirahan: Brgy. Rizal, Science City of Muñoz
Relihiyon: Katoliko

Pangalan ng Ama: Orlando D. Divina
Pangalan ng Ina: Minda M. Divina

MGA PAARALANG PINASUKAN

Elementarya: **Rizal Elementary School**
Brgy. Rizal, Science City of Muñoz
Marso, 2008

Sekondarya: **Muñoz National High School – Annex**
Brgy. Rizal, Science City of Muñoz
Marso, 2012

Vocational: **Electronic Product Assembly and Services (EPAS)**
TESDA Science City of Muñoz
Hulyo, 2016

Tersarya: **Bachelor of Arts in Psychology**
College of Arts and Sciences
Central Luzon State University
Science City of Muñoz, Nueva Ecija
Pebrero, 2019

SAMAHANG KINABIBILANGAN

Central Luzon State University Peer Facilitators

Central Luzon State University

Member

2018 to present

Psychological Association of the Philippines Junior Affiliates

Member

2018 to present

Tubetech Pro Lights and Sounds

Brgy. San Felipe Science City of Muñoz

Technician

2012 – present

RSLINKS TEKNIKS

San Jose City Nueva Ecija

Technician

2018 – present

EXTRA CURRICULAR ACTIVITIES**Army Personnel Management Center – Army Testing Office**

Fort Bonifacio, Taguig City

On-the-Job Training

June 2018 to July 2018

MGA NILAHUKAN

30th Annual PAPJA Convention

“Emphasizing the Importance of Mental Health in the Philippine Society”

SMX Convention Center, Mall of Asia, Pasay City

Mapua Institute of Technology, Intramuros, Manila

Collegio de San Juan de Letran, Intramuros, Manila

De La Salle University Manila

January 26-28, 2017

“Test Taking Skills and Strategies”

9th Floor, PGN Auditorium, Holy Angel University, Angeles City, Pampanga

January 20, 2018

“The-is it”

Research the easy way: Validity and Reliability in Instrumentation

9th Floor, PGN Auditorium, Holy Angel University, Angeles City, Pampanga

January 20, 2018

“Test Taking Skills And Strategies”

Knights of Columbus Hall, San Jose City, Nueva Ecija

February 18, 2018

“DSM-IV-TR to DSM-5: What is the Difference?”

Knights of Columbus Hall, San Jose City, Nueva Ecija

February 18, 2018

PERSONAL NA DATOS

Pangalan	Renz Jason D. Sumalbag
Kapanganakan	Enero 25,1998
Tirahan	Barangay Latap, Cuyapo, Nueva Ecija
Reliyon	Katoliko
Pangalan ng Ama	Romeo R. Sumalbag Jr.
Pangalan ng Ina	Mila D. Sumalbag

MGA PAARALANG PINASUKAN

Tersera	Batsiler ng Sining Sikolohiya Central Luzon State University Science City on Munoz, Nueva Ecija Taong-Pampaaralan 2014-2019
Sekondarya	St. Pius X Institute Cuyapo, Nueva Ecija Marso 28, 2014
Elementarya	D.M. Jose Elementary School District 6, Cuyapo Nueva Ecija Marso 2010

MGA NILAHUKAN

“Capacity Building Seminar for Peer Facilitator”

CAS Little Theater

November 13, 2015

29th Annual PAPJA Convention

“Asian Psychology and Asian Societies in the Midst of Change”

SMX Convention Center, Mall of Asia, Pasay City

Far Eastern University, Manila

January 29-30, 2016

“Gender Sensitivity para sa Youth ng Science City”

Pag-asa gym, Sceince City of Munoz

April 28, 2016

30th Annual PAPJA Convention

“Emphasizing the Importance of Mental Health in the Philippine Society”

SMX Convention Center, Mall of Asia, Pasay City

Mapua Institute of Technology, Intramuros, Manila

Collegio de San Juan de Letran, Intramuros, Manila

De La Salle University Manila

January 26-28, 2017

Summer Camp Training for Peer Facilitators; A MMSU and CLSU Joint Venture

“Peer Facilitating Towards New Perspective”

Mariano Marcos State University, Batac, Ilocos Norte

April 27-28 2017

“Test Taking Skills and Strategies”

9th Floor, PGN Auditorium, Holy Angel University, Angeles City, Pampanga

January 20, 2018

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February 18, 2018

“DSM-IV-TR to DSM-5: What is the Difference?”

Knights of Columbus Hall, San Jose City, Nueva Ecija

February 18, 2018

“Stress Management and Resiliency Training”

Binmaley Manpower Development Center, Binmaley, Pangasinan

April 20, 2018

AFFILIATIONS

Trainee/Intern

200 Hours Clinical Setting “On-The-Job Training and Immersion” on Treatment and

Rehabilitation of Drug Dependents

Central Luzon Drug Rehabilitation Center

Brgy. Sto. Nino Magalang, Pampanga

June 18 to July 20, 2018

PASASALAMAT

Una sa lahat, nais naming pasalamat si God sa pag gabay samin araw araw at sa pagbibigay ng lakas upang matapos namin ang tesinang ito. Lubos kaming nagpapasalamat sa kanya sa pagprotekta samin sa mga panahong nahihirapan kaming maghanap ng mga magiging kalahok sa tesinang ito at sa pagbibigay linaw sa mga pagkakataong nalilito at nahihirapan kami. sana patuloy niyo pa po kaming gabayan sa mga tatahakin namin sa buhay hanggang sa maabot na naming ang mga sarili naming mga pangarap.

Pangalawa, nais din naming pasalamat ang mga magulang naming na sina Romeo at Mila Sumalbag, Orlando at Minda Divina sa walang sawang pagsuporta sa amin sa bawat desisyon na tinahak at tatahakin pa. Lubos kaming nagpapasalamat dahil kung hindi sa tulong niyo at pagbibigay ng lakas upang matapos naming ang tesinang ito ay hindi naming magagawa ng maayos an gaming pag-aaral. Maraming salamat po sa inyo dahil naging daan kayo upang makatapos kami ng pag aaral pangako naming sa inyo na ibabalik naming lahat ng sakripisyo at pagod na ibinigay ninyo sa amin.

Ikatlo, sa aming mabait na tagapayo na si Sir Robinson Z. Lumontod III sa pag gabay samin mula sa simula hanggang sa matapos kami. Maraming salamat sir sa pag gabay at pagbibigay ng mga pamamaraan para mapaganda at maayos an gaming tesina. Napakalaki ng naitulong niyo Sir Robin lalo na at pinaglaanan niyo talaga kami ng panahon para mapabuti at mapaganda ang aming tesina. Bibihira lang ang mga guro na kagaya ni Sir Robin makikitaan si Sir ng dedikasyon sa pag tuturo at ang kagustuhan na maituro ng maayos ang mga dapat matutunan. Para naman sa

aming tagasuri na si Sir Mark Allan C. Mananguit, maraming salamat din po Sir sa pag gabay at pagtulong samin lalo na noong mga panahong malapit na kaming magdefense. Napakalaki ng pasasalamat naming kay Sir Allan dahil naging daan din siya upang kami ay makatapos ng kolehiyo.

Muli, lubos kaming nagpapasalamat sa mga taong nagging bahagi n gaming paglalakbay patungo sa aming mga pangarap. Tatanawin naming itong napakalaking utang na loob. Hindi naming matatapos ang pag aaral na ito kung wala ang tulong at suporta ninyo.

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ABSTRAK

Divina, Jenmuel M. at Sumalbag, Renz Jason D. Batsilyer ng Sining sa Sikolohiya. Kaguruan ng Sikolohiya, Kolehiyo ng Sining at Agham, Pampamahalaang Unibersidad ng Gitnang Luzon, Lungsod Agham ng Munoz, Nueva Ecija. **TAKUSA: MGA KARANASAN NG MGA PADRE DE PAMILYANG TAKOT SA ASAWA**

Tagapayo: Robinson Z. Lumontod III

Ang kwalitatibong pag-aaral na ito ay naglalayong pag-aralan ang karanasan ng mga TAKUSA o mga Padre de pamilyang Takot sa Asawa. Nakipagkwentuhan ang mga mananaliksik sa mga kalahok upang makakuha ng mga datos, ginamit ang *interpretative phenomenological analysis* sa pag-aanalisa ng mga datos. Lumabas sa pag-aaral na ito ang mga tema at karanasan ng mga TAKUSA, sila ay nakararanas ng mga berbal at pisikal na papanakit, napapahiya sa ibang tao at nahuhusgahan. May positibo rin silang pagtingin sa kanilang mga karanasan at may kanya-kayang rin silag paraan sa pagharap sa mga ito tulad ng hindi paglaban at pag-alala sa kanilang mga anak.

Mga Batayan

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