

Psychological Well-Being and Subjective Well-Being of Cell Group Members

in Central Luzon State University

An Undergraduate Thesis

Presented to the Faculty of the Department of Psychology

College of Arts and Sciences

Central Luzon State University

Science City of Muñoz

In Partial Fulfilment

of the Requirements in Thesis II

Bachelor of Arts in Psychology

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2018

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ACKNOWLEDGEMENT

During the proposal, conduction, and construction of this paper, there have been a few people we would like to mention who showed support, knowledge, and guidance throughout this study.

First and foremost, we would like to thank the almighty **God** for giving us strength, knowledge, ability and opportunity to undertake this thesis study and to persevere and complete it satisfactorily, for keeping us safe during the conduction of the study. His blessings have continued to shower us up until today, and for that we are most thankful.

To **our parents**, who aided, believed, guided, and supported us all throughout this thesis. We love and thank you from the bottom of our hearts, and what we have achieved in this research is also your accomplishments.

Special mention to **Kirby Villanueva**, for his huge help with the writing of this thesis and to our friends, for the unending support. This accomplishment would not have been possible without you.

To our beloved advisor, **Mrs. Maria Rosario Bulanan**, our critic, **Mr. Robinson Lumontod III**, and to **Mr. Angelo Dullas**, we would like to express our profound gratitude for the continuous support on our undergraduate thesis, for the patience, for motivation and for the immense knowledge.

We sincerely thank each and every one of you and we dedicate this paper to you.

Dianne Joy Castelo and Coline Dela Cruz

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ABSTRACT

CASTELO, DIANNE JOY A. and DELA CRUZ, COLINE R., Department of Psychology, College of Arts and Sciences, Central Luzon State University, Science City of Muñoz, Nueva Ecija, Philippines **FEBRUARY 2019, PSYCHOLOGICAL WELL-BEING AND SUBJECTIVE WELL-BEING OF CELL GROUP MEMBERS IN CENTRAL LUZON STATE UNIVERSITY**

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The purpose of this research is a.) to know what the socio-demographic characteristics of the cell group members (sex, age, and length of involvement), b.) to know the relationship between the socio-demographic characteristics of cell group members and psychological well-being, c.) to know the relationship between the socio-demographic characteristics of cell group members and subjective well-being, d.) to know if there are differences between sexes as well as their length of involvement with respect to their psychological well-being and subjective well-being, e.) to know the relationship of psychological well-being and subjective well-being, and f.) to know if being involved in cell have any influence on a persons' psychological and subjective well-being. In the process of selection, the researchers included 50 females and 50 males to meet a quota of 100 respondents. The SPSS results showed there are no significant relationship between psychological and subjective well-being as well as their domains, except for the Positive Affect domain of subjective well-being with the Environmental Mastery, Positive Relationship with Others, and Purpose in life domains of psychological well-being.

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