

**POST-TRAUMATIC STRESS DISORDER, RESILIENCE
AND SUBJECTIVE WELL-BEING
OF FILIPINO SOLDIERS**

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An Undergraduate Thesis Submitted to the Faculty of the Department of Psychology,
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in Partial Fulfillment of the Requirements
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BACHELOR OF ARTS IN PSYCHOLOGY

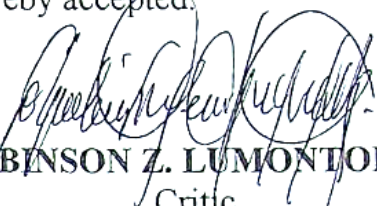
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ACCEPTANCE SHEET

This undergraduate thesis entitled “**POST-TRAUMATIC STRESS DISORDER, RESILIENCE AND SUBJECTIVE WELL-BEING OF FILIPINO SOLDIERS**” prepared and submitted by **ASHLEY MAE E. NONO** and **CRISTAL JOY P. PADILLA**, in partial fulfillment of the requirements for the degree of **BACHELOR OF ARTS IN PSYCHOLOGY**, is hereby accepted.


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ABSTRACT

NONO, ASHLEY MAE E. and PADILLA, CRISTAL JOY P., Department of Psychology, College of Arts and Sciences, Central Luzon State University, Science City of Munoz, Nueva Ecija, Philippines, **JUNE 2018, POST-TRAUMATIC STRESS DISORDER, RESILIENCE, AND SUBJECTIVE WELL-BEING OF FILIPINO SOLDIERS**

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This quantitative study intended to identify the Levels of PTSD, resilience, and subjective well-being of Filipino soldiers. It aimed to know if there is a significant relationship between PTSD and resilience, and PTSD and subjective well-being. The study consists of 100 participants from Fort Magsaysay, Palayan City, Nueva Ecija. The study used standardized survey questionnaires to measure the level of the variables.

The study showed that the participants have a low level of PTSD, normal resilience, high life satisfaction, high positive affect and low negative affect. Also, the study showed that there is a weak negative relationship between PTSD and resilience, no relationship between PTSD to life satisfaction and positive affect, and there is a moderate positive relationship between PTSD and negative affect.

Keywords: PTSD, Resilience, Subjective Well-being

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