

**COMMUNICATION BARRIERS AND FAMILY COMMUNICATION PATTERNS  
OF CLSU STUDENTS: A CORRELATIONAL STUDY**

A Thesis Presented to the  
Faculty of the Department of Communication and Development Studies  
Central Luzon State University

In Partial Fulfillment  
of the Requirements for the Degree  
Bachelor of Science in Development Communication

by

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May 2024

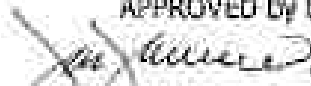
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## **THESIS ABSTRACT**

1. Title: COMMUNICATION BARRIERS AND FAMILY COMMUNICATION PATTERNS OF CLSU STUDENTS: A CORRELATIONAL STUDY

1.1 Total No. of Pages: 81

1.2 Total Number of Words: 12,553

2. Researchers: BRIONES, LIAN MAE GABUYO, BUMANGLAG, CHARLENE REVILLA, SANTOS, KIM CRYSTAN FRANCO

3. Type of Document: Undergraduate Thesis

4. Type of Publication: Unpublished

5. Accrediting Institution: Central Luzon State University  
Marianilla Highway, Science City of Muñoz  
3120, Nueva Ecija

6. Keywords: Communication, Communication Barriers, Family Communication Patterns

7. Abstract:

### **7.1 Rationale/Background**

Living in a family is a universal experience, yet each individual's experience varies due to the distinct communication patterns within different family systems. Family Communication Patterns play a role in shaping and mirroring the unique familial experiences of individuals (Galvin, Braithwaite, & Bylund, 2016). Communication is a crucial aspect of the family process, as noted by Jourmand (1964). Communication barriers are omnipresent, including within families, as highlighted by Kapur (2018). Children and youths often face challenges in reaching out to their parents, with McGue et al. (2005) finding that as children mature, communication hurdles and misunderstandings with parents tend to increase. This can lead to communication gaps resulting from various barriers.

Family Communication Patterns (FCP) and Communication Barriers influence the communication flow within the family. Thus, it is important to study the communication patterns and communication barriers present in the family in pursuit of identifying the factors that cause ineffective communication within the family. This study identified the Family Communication Patterns (FCP) and Communication Barriers among Central Luzon State University students. The primary goal is to explore the relationship between these variables to raise awareness and address communication gaps between parents and children.

## 7.2 Summary

According to the Family Communication Pattern (FCP) theory, family communication determines what sort of family communication pattern occurs—specifically, by using the two major communication factors: conversation orientation and conformity orientation. However, people need to be made aware that there can be another aspect of why families exhibit a particular communication pattern: the communication barrier. Addressing this problem will have benefits for both students and parents. Therefore, children and parents may better grasp how a different factor can contribute to a particular communication pattern in their household. With this, the study aims to know the relationship between the type/s of Communication Barriers faced in the family and Communication Patterns practiced within the family by addressing the following problem statement: 1. What is the socio-demographic profile of the respondents in terms of the following: (a) Age, (b) Sex assigned at birth, and (c) Family structure?, 2. What are the Family Communication Patterns (FCP) of CLSU students?, 2.1 What is the relationship of Family Communication Patterns to the Students' Profile?, 3. What is the levels of (1) Environmental and Physical Barriers and (2) Semantic Barriers being experienced in the family?, 3.1 What is the relationship of Communication Barriers and students' profile?, 4. What is the relationship between Communication Barriers and Family Communication Patterns?

A quantitative research design was employed in this study following a correlational approach for the identification of relationships between the variables. While stratified sampling method and Slovin's formula with 95% level of confidence and 5% margin of error were used in getting the sample population having 387 undergraduate students from different colleges in CLSU as the sample size. A mix of self-made and standardized survey questionnaires consisting of a Likert Scale was used as the instrument for the data gathering. Both mean and mode and frequency and percentage distribution were used to analyze the data. While Pearson  $r$ , T-test, and ANOVA were utilized for the treatment of the correlation of variables.

## 7.3 Major Findings

The study reveals that among the two Communication Barriers, the Semantic Barrier is significantly higher than the Environmental Barrier with a mean of 2.33. Thus, the majority of CLSU students encounter Semantic Barriers. While Consensual Communication Pattern is the most practiced Family Communication pattern. Moreover, there is no significant relationship found between the Socio-Demographic Profile, Communication Barriers, and Family Communication Patterns of students. However, there is a positive correlation between the presence of Communication Barriers and the practiced Communication Patterns within their families, as proven by  $p < .001$ .

#### **7.4 Conclusions**

This study examines the relationship among Socio-Demographic Profile, Family Communication Patterns, and Communication Barriers in Central Luzon State University students. Results indicate the presence of both Semantic and Environmental Barriers in family communication across various family structures. Semantic Barriers are predominant, with a mean of 2.33. "Other" family structures experience higher level of Environmental Barriers. Consensual Family Communication Pattern tends to be the most practiced communication pattern among the surveyed population. Additionally, a positive correlation between Communication Barriers and Family Communication Patterns is observed.

#### **7.5 Recommendations**

In this research study, there are certain recommendations that was carefully analyzed by the researchers based on the results that could make the overall quality of the study better, but due to the limited time and resources, especially in finance and related literatures, the study was kept within the capacity of the researchers to procure relevant results. The study exclusively focused on semantic and physical/environmental barriers and to further identify the relationship of these barriers in the Family Communication Patterns of students, the researchers used a correlation approach. Thus, the following recommendations follow through by digging deeper into the communication patterns and barriers of the CLSU students within their family.

- The study can be improved by controlling the number of sample population in terms of their demographic profile.
- Consideration of additional indicators and parameters related to Communication Barriers and Family Communication Patterns in various demographic aspects.
- Consider studying other significant Communication Barriers, such as perception barriers, psychological barriers, and cultural barriers.
- Try to include analysis of all five Communication Barriers to provide a comprehensive understanding of their relevance to Family Communication Patterns.
- Transform the correlational study into a regression analysis for a deeper understanding of the relationship between Communication Barriers and Family Communication Patterns.
- Comprehensive analysis aimed at clarifying the relevance of each of the five Communication Barriers concerning Family Communication Patterns.

## ACKNOWLEDGEMENT

I, Lian Mae G. Briones, give gratitude to God the Father for guiding and protecting us throughout the study. He has granted us knowledge and wisdom that we utilized in every process we took.

To our thesis adviser, Sir Paolo, and critics, Ma'am Celia and Ma'am Janrizal, I offer my utmost gratitude for delicately guiding and extending your knowledge in every part of our study. I would also like to give thanks to my family and friends who witnessed our struggles yet, showed us their unwavering love and support.

Finally, I would like to give my acknowledgement to my fellow researchers, Charlene and Kim, for being patient and making our thesis memorable. Although we have limited resource, we were determined to push ourselves and poured our hearts out for this study. All the late nights we spent, time, and effort we invested to make this study where truly worthwhile and I truly appreciate you two. Godspeed!

I, Charlene R. Bumanglag, would like to express my deepest gratitude to my family. Their unwavering support and encouragement have been my constant source of strength, it served as my protective shield during the moments of my stress and breakdowns. Thank you for being my pillars of strength and believing in me.

To our thesis adviser, Sir Paolo Soliven, thank you for not being just our thesis adviser but a true mentor throughout this journey. Your insights and guidance have shaped our thesis into something we are proud of. From the moment we were fortunate enough to have you as our adviser until the completion of our thesis, you consistently showed us that our chosen topic was worthy of recognition. To Ma'am Janrozd and Ma'am Cella, thank you for your guidance and support in helping us improve our paper.

To Lian and Kim, thank you for being not just my thesis mates but friends who are always willing to stay up 24 hours with me. I admire your willingness to learn and to do something better for our study. I appreciate your efforts and perseverance. Thank you for trusting in me and riding with me through this rollercoaster ride. Now, we can finally say "WE DID IT." Padayon!

To God all be the glory.

I, Kim Crystan F. Santos, would like to express my gratitude towards my hardworking thesis mates for doing their best to accomplish this task, their perseverance to finish our thesis made this possible. Also, I want to thank our thesis adviser and critics for providing us with the proper guidance throughout our thesis. We could've not made it without you.

I want to dedicate this thesis especially to my family, who have always been there for me, supported me, and had faith in my ability to accomplish my goals. I can never say how grateful I am to all of you. Your presence always reminded me that I have no reason to give up and why I am doing this, this is for all of you.

Lastly, I want to thank my girlfriend Angela, who believed in me since day 1. You have always prayed for my success and never doubted me, despite the challenging situations we find ourselves in, you were always with me. We're almost there, my love.

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## **LIST OF ABBREVIATIONS**

**FCP:** Family Communication Patterns

**CB:** Communication Barriers

**CLSU:** Central Luzon State University

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