

**ADOLESCENTS SUICIDAL TENDENCY:  
THE ROLE OF ATTACHMENT STYLES AND SELF-DISCREPANCY**

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This undergraduate thesis entitled “**ADOLESCENTS SUICIDAL TENDENCY:THE ROLE OF ATTACHMENT STYLES AND SELF-DISCREPANCY**” prepared and submitted by **MIKAELLA V. DAGDAG** and **KAREN CHRISTINE N. SANTOS**, in partial fulfillment of the requirements for the degree of **BACHELOR OF ARTS IN PSYCHOLOGY**, is hereby accepted.

  
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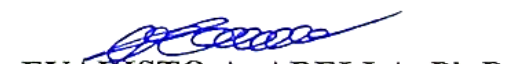
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## BIOGRAPHICAL SKETCH

Mikaella Villalon Dagdag was one of the researchers of this study entitled *“Adolescent Suicidal Tendency: The Role of Attachment Style and Self-discrepancy”*. She was born on July 28, 1997 at San Jose City, Nueva Ecija and currently 20 years of age. Born Again Christian student that believes in the power of the Almighty God in everything she does. She is one of the daughters of Mr. Marshall O. Dagdag and Mrs. Amelia V. Dagdag. The researcher took her college degree at Central Luzon State University (2014-2018) wherein she took Bachelor of Arts in Psychology. She was also a former president of CLSU Psychological Society and a former intern at People’s Recovery Empowerment Development Assistance (PREDA). While her secondary level where at San Jose City National High School (2010-2014) former Constancio Padilla National High School. Furthermore, she took her primary level at San Jose West Central School from 2004 to 2010.

The researcher also joined different conventions, seminars and trainings. She was a participant of Psychological Association of the Philippines – Junior Affiliates, Annual Convention on the last two consecutive years with the theme of “Emphasizing the Importance of Mental Health in the Philippine Setting” (2017) and “Philippine Psychology in Challenging Times” (2018). Also she attended a forensic seminar at NCPAG,UP Diliman with a theme of “Forensic Psychiatry” with different sub-topics. In terms of her training, she was one of the student proctors on CLSU College Admission Test (CAT) last 2018. Moreover, their researcher paper together with her groupmates during their second year in college was also awarded as Third place during the

*“Saliksikan 2015: Serye ng Pananaliksik sa Wika, Kultura at Panitikan”* given on November 20, 2015 at CLSU Auditorium. The researcher was very thankful to all the people that help her to achieve her goals and guide her journey.

## BIOGRAPHICAL SKETCH

Her precious name is Karen Christine Naabus Santos. She is 20 years old, born on February 01, 1998 at Bayombong, Nueva Vizcaya. She is brave yet a kind-hearted woman and is grateful enough to be a single, independent person. Raise by Christian family, a dedicated & devoted servant of Jesus Christ at Grace Evangelical Fellowship Ministry Incorporation Evangelical-Christian. Her mother is Elena Naabus, a patient hardworking woman that is capable to do anything for her children. Her current job is in their barangay's little coop. Her Father is the late Ret. Gen. Rizaldy G. Santos, an intelligent, awesome police officer and a father she admires a lot. He is her motivation and inspiration in achieving her goals in life. In her elementary and high school days, she studied at Santa Fe Central School and Santa Fe National High School wherein these Alma matter are the closest schools on her home. It is both public school yet a very challenging for her cause there she saw herself as an adventurer. Adventurer that could experience all good and bad things yet can learn many things and at the same time could survive at the end of the day. In her tertiary, she is studying Bachelor of Arts in Psychology at Central Luzon State University, not just a typical public school for it has the best education to offer. In this school, she learned how to be an independent person, to be brave, to be strong, to have patience in many things and to believe in oneself, lastly to trust God for what He is going to do in her life. She is afraid at times but she could just try and believe that she can handle. So she did!

She also attended various conventions, seminars and trainings. She was a participant of Psychological Association of the Philippines – Junior Affiliates, Annual

Convention last 2017 with the theme “Emphasizing the Importance of Mental Health in the Philippine Setting”. Also she attended a forensic seminar at that time with workshops and quizzes at MAPUA . She also attended a seminar entitled “DSM-IV-TR to DSM-5: What is the difference?” on the 18th day of February 2018 at Knights of Columbus, Nueva Ecija.

In terms of her training, she was one of the interns at Baguio General Hospital-Psychiatry Department, Baguio City last summer in 2017. She was also one of the student proctors on CLSU College Admission Test (CAT) last 2018. During her college adventure she was also a member in two Organizations; CLSU-Psychological Society and CLSU- Peer Facilitators Group which became her training grounds. Moreover, she tried to be a Student Assistant in University Library at CLSU during the second semester of SY 2017-2018. It’s a tough challenge the researcher had experience but she was grateful for all those people and things that have been part and with her all throughout completing this paper.

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## ABSTRACT

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**ADOLESCENTS SUICIDAL TENDENCY: THE ROLE OF ATTACHMENT**  
**STYLES AND SELF-DISCREPANCY**

Adviser: WAWIE DG. RUIZ  
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This quantitative descriptive-correlational study generally intended to know the relationship of socio demographic characteristics, suicide tendency, attachment style and self-discrepancy towards each other. The study hypothesized that the three main variables were significantly correlated towards each other and even with socio-demographic characteristics. Also, the study tends to determine if which of the attachment style is a predictor of suicide tendency. The obtained result from the study shows that the three main variables have no significant relationship towards each other. In exemption, avoidant attachment has a weak significant relationship towards suicide tendency which implies that this attachment could be a significant factor on one's tendency to commit suicide. Furthermore, in regression analysis avoidant attachment was also a significant predictor of suicide. On the other hand, sex and age have no significant relationship towards the three variables being explored. While for the relationship of school type and self-discrepancy both of the domains has a weak and moderate relationship to it. The result suggests that being in a public or private school could influence one's perspective on their obligations and responsibilities. Among the 8 respondents with the highest suicide tendency it was obtained that most of these respondents portray anxious

attachment which predispose that being avoidant towards their parents could be a factor for the undesirable tendencies. The grade level of the screened respondents mostly falls at Grade 10 which might be a crucial level for every student when they are vulnerable to challenges and problems in life.

*Keywords:* Suicidal tendency, Attachment style, Self-discrepancy

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