

**Benign Envy, Self-Esteem and Academic Performance Among CLSU
Academic Scholars**

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BIOGRAPHICAL SKETCH

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She finished her primary education in Bethany Christian Academy as a salutatorian of their batch and finished her secondary education in San Jose City National High School formerly known as Constancio Padilla National High School, where she maintain her grades high and consistently on first section. Jawen is not only academically inclined but also good in other fields such as arts, dance where she is the star dancer of her batch (third year- fourth year) and in writing and even compete in Regional writing competition were their group won 5th place in English category of Collaborative writing. She also part of the school paper called The Grain where she is the Head Cartoonist and a Feature Writer. In 2014, she was admitted at Central Luzon State University under the Bachelor of Arts in Psychology.

Aside from academics, she also engage in extra-curricular activities. She is a member of a well-known group of Gintong Ani Phiippines were she is a pop dancer.

BIOGRAPHICAL SKETCH

The other researcher was named Josephine Ira Llona N. Quiambao, eldest daughter of Mr Armando R. Quiambao and Mrs. Josephine N. Quiambao. She was born on the 28th day of August 1997 at Veterans Regional Memorial Hospital at Bayombong Nueva Vizcaya. She is currently residing at Diamond Street Rufina Homes III in San Jose City Nueva Ecija. She graduated at St Joseph School in San Jose City Nueva Ecija in her primary education on the 26th day of March 2010. She graduated her secondary education at St. Joseph High School in San Jose City Nueva Ecija on the 28th day, March 2014. She was active in dancing and was part of the school dance troupe and was a drum and lyre member. She was accepted in Central Luzon State University under the program of Bachelor of Arts in Psychology on June 2014. Her On the Job Training was on Home Developmental Mutual Fund in Cabanatuan City Nueva Ecija.

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Abstract

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Department of Psychology, College of Arts and Sciences, Central Luzon State
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BENIGN ENVY, SELF-ESTEEM AND ACADEMIC PERFORMANCE
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Benign Envy is define as the feeling/emotion that an individual will have to strive to level themselves up as a person and pursue their goals in life In order to know the relatedness of benign envy in the self-esteem and academic performance of a student and the socio-demographic characteristic (gender, religion and sibling position) of the participants a survey were assessed. It is hypothesized that Benign Envy had a significant relationship to self-esteem and academic performance of participants and if there a significant difference between benign envy when it comes to the socio-demographical characteristics of the study. The benign envy and self-esteem shows a P-value of .153 while benign envy and academic performance of an individual showed a P-value of .212. It showed that the Students benign envy does not increase together with the self-esteem of an individual and that in every increase of academic performance of an individual/student's benign envy does not increase together with the academic performance. The study also found out that there were significant difference between Benign envy when it comes to the sibling position of the students and that the only child and the third child had a higher level of benign and youngest and eldest are the lowest. Further this study showed that between Catholic and

non-catholic, male and females, both Catholic ($m=2.7403$) and females ($m=2.7214$) showed greater level of benign envy rather than non-catholic ($m=2.7403$) and males ($m=2.6667$).

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